

What we do

Cholmondeley provides respite care and education for children/tamariki (aged 3-12 years) whose families/whānau are experiencing severe stress or a crisis.

What constitutes a stress or crisis?

There are many factors that could contribute to whānau needing extra support to ensure a child's wellbeing:

- Mental health issues
- Physical illness
- Bereavement
- Family violence
- Financial pressure
- Traumatic event
- Other personal family stresses

How long do children stay at Cholmondeley?

The length of a child's stay varies according to need, but an average stay is 3-5 days.

Tamariki can stay at Cholmondeley as many times as necessary. Regular planned stays are common, though Cholmondeley can respond quickly in an emergency situation.



How we do it

Cholmondeley values children

Our service is centred on the child, enabling them to celebrate the experience of childhood. We give the child a voice, help them to discover their strengths, learn new skills and develop confidence, ultimately becoming more resilient to the challenges they may face.

For many tamariki we become part of a wider network that may include extended family or whānau, continuing to provide support when it is required.

Integrated care and education

Cholmondeley is a place where a child's experience of care and education is woven together.

The practice team, which includes registered teachers and child care practitioners, work together to plan child-centred activities for learning and development. To grow greater resilience in each child we focus on building key competency skills, or protective factors, which help tamariki to communicate, build relationships, and better negotiate their world.

Learning and resilience-building takes many forms at Cholmondeley:

- Completing a piece of writing in the learning hub
- Making scones or burgers for friends
- Adventure Based Learning (ABL) activities such as kayaking, orienteering, and ropes courses

These activities support tamariki to learn how to work together, develop confidence by having the courage to try something new, and to discover their strengths.

Each child also creates a Learning Story which provides feedback and insights to the child's whānau and kura/school.



Cholmondeley
Value Our Children



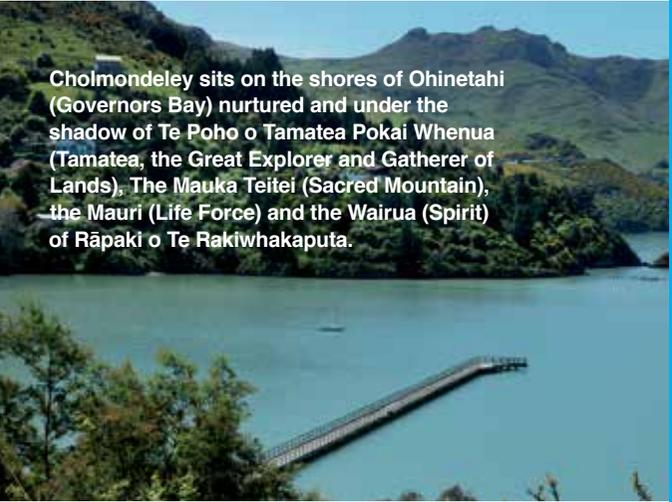
“As a parent I have been strengthened and affirmed by all the support I have received. My child loves Cholmondeley and she has been given tools for life. I am so happy to see the positive changes in her thanks to all the amazing people she has been able to spend time with.”

How to access our service

Anyone can refer a child to Cholmondeley: parents, grandparents, carers, teachers, GPs, social workers, or a member of the child's community.

The admissions process is very straightforward and can be started in a number of ways:

- Call: 03 329 9832
- Email: info@cholmondeley.org.nz
- Admissions form online: cholmondeley.org.nz



Cholmondeley sits on the shores of Ohinetahi (Governors Bay) nurtured and under the shadow of Te Poho o Tamatea Pokai Whenua (Tamatea, the Great Explorer and Gatherer of Lands), The Mauka Teitei (Sacred Mountain), the Mauri (Life Force) and the Wairua (Spirit) of Rāpaki o Te Rakiwhakaputa.

Cholmondeley Children's Centre Inc.
6 Cholmondeley Lane, Governors Bay
PO Box 12276, Beckenham
Christchurch 8242
03 329 9832
info@cholmondeley.org.nz
www.cholmondeley.org.nz



Value our children

At Cholmondeley we believe...

Children have the right to be unconditionally respected by adults.

Children have the right to feel safe and be free of violence.

Children have the right to have their physical, emotional, social, intellectual, cultural and spiritual needs met.

Children have the right to experience positive and secure attachments.

Children have the right to have fun.

Children have the right to experience opportunities for success.

Children have the right to expect adults to notice their strengths and to support them to further develop these.

Children thrive in relationships where they are valued.

Children thrive in warm, stimulating, nurturing and developmentally appropriate environments.

Children are capable of making choices and decisions about things that affect them.

The child knows what works for him or her and has the right to expect the adults to acknowledge and build on this.

Children have the right to make mistakes without fear.

Children have the right to have their voices listened to.

Children have the right to ask for help and for advocacy.

Children have a right to expect their whole community and society to take responsibility for their safety and wellbeing.

Do you know a child that needs help?

About Cholmondeley's services



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