



## Learning About Healthy Food is Fun and Yummy at Cholmondeley

Healthy eating is a key feature of a child's experience during their stay at Cholmondeley. The children not only enjoy the nutritious, balanced and tasty food that Carol, our cook, creates but they also have the opportunity to learn about and prepare food during our activities.

The children love having the chance to get into the kitchen with Carol and other staff; it is common to see children up to their elbows in flour whilst preparing anything from a healthy winter vegetable soup to low sugar carrot cake. During these times the children are developing their relationships, using their literacy and numeracy skills to follow a recipe, learning nutrition facts and cooking skills. They also have the opportunity to feel pride in their efforts, through the wonderful experience of sharing their culinary creations with all.

Many of the children tell us how much they have enjoyed learning about food and healthy eating during their stay. Ten year old James said, "I didn't know there is so much sugar in drinks and cakes. I learned how to make a healthy cake which had much less sugar. And it was still yummy!"

*The children are excited about cooking up some delicious delights for the upcoming Cholmondeley Canterbury's Biggest Morning Tea....see inside for more details.*



We are really excited about the kitchen in the new building which has an area specifically designed for the children, with a lower bench and child-designated cooking equipment. We look forward to them becoming even more creative and adventurous with food, developing skills and knowledge for a healthy future. Look out for our future Master Chefs!

**Edwina Poynton**  
*Integrated Service Manager*



## Kia ora koutou,

We are only weeks away from completing our new centre and what a difference a few months make. Several Care issues ago, when construction first began, I talked about the light at the end of the tunnel becoming brighter. It is now so bright it is radiating a sense of excitement and anticipation throughout the entire organisation – not to mention a sense of relief that our recovery from the 2011 earthquakes will soon be completed.

As the buildings near completion we are delighted to see the result of four years of discussion, debate, design, and much decision-making on the part of the Cholmondeley Board and Staff. It has been a project that has involved a high degree of complexity and many different groups of stakeholders. What has been appreciated throughout is the widespread goodwill of all involved, including our contractors, who are tasked with the design and construction of what we believe will be a uniquely child-centred and fit-for-purpose building.

The huge amount of voluntary time put in by our fundraising committee, the tremendous generosity of some extraordinary people and the wider public are what have made this rebuild possible. The Back on the Map campaign, led by Sarah Barrer from Barrer & Co, was recently acknowledged at the 2015 Fundraising Institute of New Zealand Annual Awards, where Cholmondeley received a merit award in recognition of what this capital fundraising campaign achieved.

Planning is well underway for a quick and efficient move into our new centre in July. This takes into account the school holidays (a period of high demand) which means we will delay moving from our temporary location at Living Springs until the end of July. Our aim is to cause as little disruption as possible to the children and families who currently access our service.



Another important aspect of our planning includes finalising a date for the official opening and an open day, giving the Canterbury public a chance to see what they have contributed to. We will ensure this is well advertised as it will be something we can all be proud of.

*Ngā Mihi Nui*

**Shane Murdoch**  
*General Manager*

## Rotary Gift for the Family Unit

Recently, Cholmondeley Board President Kerry Dellaca, General Manager Shane Murdoch and Warwick Ainger from the Rotary Club of Riccarton attended a meeting of the Rotary Club of Newmarket in Auckland for the presentation of a cheque for \$86,000.

We would like to thank Brian Batie (former member of Riccarton Rotary, now Newmarket) who instigated the raising of these funds from various clubs.

The funds raised will go towards the new family unit as part of the recently rebuilt Cholmondeley Children's Centre.

The relationship between Cholmondeley and New Zealand Rotary clubs extends almost six decades. The Rotary Club of Riccarton alone has contributed over \$500,000 through its annual golf tournament in 24 years.



*From left:  
Shane Murdoch,  
John Meadowcroft,  
David Archer,  
Warwick Ainger,  
Kerry Dellaca,  
Brian Batie,  
Jan Batie,  
Alan Hayward.*



*Brian Batie.*

# Cholmondeley Charity Golf Classic

*The 25th anniversary*



This year is a special one for the Cholmondeley Charity Golf Classic. 2015 marks the event's 25th anniversary, and we hope you'll join us on Thursday 15 October to celebrate!

Our wonderful supporters, the Rotary Club of Riccarton and – for the first time this year – Templeton Golf Club, bring you 18 fun-filled holes with morning and afternoon registrations, followed by some fantastic prizes.

Join us at Templeton Golf Club on 15 October to show your support for Cholmondeley and celebrate 25 years of this fantastic event.

*To register contact: [charitygolf@riccartonrotary.org.nz](mailto:charitygolf@riccartonrotary.org.nz)*

*Please note change in date and venue from previous notices you may have received in 2014.*



## Sculpture on the Peninsula

*A weekend of art, the outdoors, food and drink on the beautiful Banks Peninsula*

The largest exhibition of outdoor sculpture in the South Island returns in 2015 and, as always, is an event not to be missed.

Held on the grounds of the historic Loudon Farm on Banks Peninsula, this beautiful location hosts the work of both leading and emerging New Zealand artists.

Contemporary works of varying sizes and subjects, reflective of the local peninsula environment and the

general New Zealand landscape, will be viewable 6, 7, 8 November 2015.

*For more information go to: [www.sculpturenz.co.nz](http://www.sculpturenz.co.nz)*

*The Lombardy Charitable Trust host Sculpture on the Peninsula every second year. Cholmondeley is grateful to the Trust for its continued support, as well as the many volunteers, artists, and wider Banks Peninsula community who make this event possible. Thank you all.*



*Phil Price's sculpture "Ovoid".*

## Tea and cake, anyone?

*Canterbury's Biggest Morning Tea 2015*

Every year, businesses, clubs, schools, community groups, and individuals from across Canterbury get together to host morning teas to raise funds for Cholmondeley. It's called Canterbury's Biggest Morning Tea and it's running for the entire month of August in 2015.

If you like the idea of sharing a spot of tea with friends, colleagues, or your community – and all for a good

cause – pop the kettle on, throw the scones in the oven, and register your event with us online.

*To register your own morning tea go to: [www.cbmt2015.eventbrite.co.nz](http://www.cbmt2015.eventbrite.co.nz)*

*For more information contact:  
Emily Smith  
[emily@cholmondeley.org.nz](mailto:emily@cholmondeley.org.nz)  
03 329 9832*





# Help a child in crisis. Right now.

[www.cholmondeley.org.nz/support-us/donate](http://www.cholmondeley.org.nz/support-us/donate)

## Mainland Tactix share tactics!

Thanks to Mainland Tactix netballers Haley Saunders and Bailey Mes, and SKOPE Industries Ltd (sponsors of the Tactix and valued supporters of Cholmondeley), the children were treated to two special Tactix days in May.

On the first day, Haley and Bailey spent time with children and staff discussing nutrition and hydration, and how these effect the body's performance. The children enjoyed learning about the role of food; fuelling their bodies during their day, and repairing and restoring them ready for the next.

The day also involved a trip to the local netball courts, where Haley and Bailey took the children through a variety of fun,

and sometimes challenging, ball handling and movement drills. This was a great opportunity for the children to develop their personal skills and confidence, as well as have a fun workout with two skilled Canterbury sportspeople. They also had the opportunity for photographs and exciting autograph session.

On the next Tactix day, a group of children and staff were invited to Horncastle Arena to watch the Tactix take on the Waikato Bay of Plenty Magic in their last game of the 2015 season. For some children, it was their first time attending a live netball game. It was wonderful to experience the noise, energy and excitement of the match, and support our local team as they played their way towards a 62-58 win!

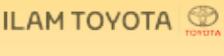
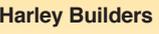
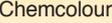


*Many thanks go to Clare McAlpine, Marketing and Events Manager from Netball Mainland, and Samantha Kennedy, Marketing and Events Coordinator from SKOPE Industries Ltd, who gave their time and energy to bring together Cholmondeley and the Tactix team for these fantastic activities.*

## You can use online banking to donate to Cholmondeley

Cholmondeley Children's Centre Inc. Westpac 03 0866 0337413 00 or you can donate directly on the Cholmondeley website [www.cholmondeley.org.nz/support-us](http://www.cholmondeley.org.nz/support-us)

# Thank You to Cholmondeley's Business Sponsors ...

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