

Care



Cholmondeley
Value Our Children

Cholmondeley Care Newsletter. Issue 16. 2014

cholmondeley.org.nz

Others should know about Cholmondeley



Olivia on the HMNZS Canterbury

For Christchurch mother Sue, finding out about Cholmondeley was a revelation. For years, Sue had been raising Olivia her seven year old daughter on her own, holding down a full-time job and at the same time managing her increasing health problems.

"I don't have any family in Christchurch, last year I had a stroke and I also suffer from asthma which at times has been life threatening, so bad in fact that I have ended up in the ICU unit at Christchurch hospital," says Sue. Winter is the worst time with the cold making Sue's earthquake damaged house very damp, exacerbating her asthma. Sue had heard about Cholmondeley through the Telecom Foundation who fundraise for Cholmondeley. "At first I was a bit unsure about Olivia going to Cholmondeley because I really didn't want her to stay away from me for too long. But after her first visit, Olivia came back and was so enthusiastic and happy, I had no compunctions about her going back."

Olivia was fully immersed in lots of exciting activities from the moment she arrived at Cholmondeley. Starting with a Discovery Time session which involved searching for insects using a magnifying glass, a big beach walk down by the local jetty, visiting the A&P show, and attempting the challenging initiatives course at Living Springs. "I learnt I am braver than I thought, I made it over the wall at the initiatives course!!" says Olivia.

For Sue, sending Olivia to Cholmondeley was not an easy decision, but now she is so grateful and wants other families to know about the services and support provided by Cholmondeley. "Olivia is a very busy child, quite often she's up at 5.00am doing hundreds of things! So it can be a challenge for me to juggle working full time and to make sure I'm doing all I can for Olivia. So for my daughter to go to a place with staff she loves is truly wonderful, and I want others to know it's there for them too." Olivia is now booked in for regular visits and Sue has seen a huge improvement in her health. Her blood pressure has gone down and the stress and anxiety in her life has reduced significantly.



Olivia with a bucket of 'orbeez' on the deck at Cholmondeley.



Help a child in crisis. Right now.

www.cholmondeley.org.nz/support-us/donate

Welcome to the first Care Newsletter of 2014.

Although the weather has been variable, I hope you enjoyed the summer days when they have appeared and we wish you all the very best for the coming year.

A busy year is planned here and we anticipate it will be just as demanding as last year. After a two week break over Christmas and New Year we have been super busy over the school holiday period. The children's events and activities have taken advantage of the weather and the excellent facilities we enjoy at Cholmondeley, at Living Springs and around Banks Peninsula, and this will set the trend for the remainder of the year.

One of the long standing relationships that Cholmondeley has enjoyed and appreciated has been with the officers and crew of HMNZS Canterbury (both the previous and current ship), and it is always an exciting time when the ship visits Lyttelton. At any opportunity a working party will visit Cholmondeley to do some maintenance on the playground or any other jobs that need doing. The playground is their specialty which gets a repaint every several years. I often point out that that is the reason why our playground borders are painted 'battleship grey' and have been for many years. This time around the children had a tour and were entertained on the ship. I know for many older people

who came to Cholmondeley as children this was one of the highlights during their stay with us and we're delighted that this continues today.

Also this year it will be a time of re-building, with progress on constructing the new Cholmondeley Children's Centre well on track. At the time of writing the site for the new centre is being cleared and tidied, with excavation and new foundations due to begin in April. Resource consent has been granted with thanks to the support of our nearest neighbours in Governors Bay.

While it is indeed exciting to finally get to this point after nearly three years, your financial support for this rebuilding is still vitally needed to move us to completion, and ensure the aspirations for replacing Hugh Heber Cholmondeley's original homestead with a new, purpose built centre will come to fruition debt free. If you haven't already, I encourage you to visit www.backonthemap.co.nz to learn how you could contribute to the continuation of this remarkable legacy into the future.

*Nga Mihi Nui
Shane Murdoch
General Manager*



Cholmondeley's new Programme Supervisor Johnno Harris.

Welcome Johnno!

Originally from Nelson but now living locally in Governors Bay, Johnno is a registered social worker who also has an extensive background in outdoor education. As Cholmondeley's newly appointed Programme Supervisor Johnno will be working alongside our Adventure Based Learning Co-ordinator, education and care staff to plan and lead the integrated education programme.

This includes outdoor adventure and experiential activities, that promote wellbeing and learning, develop skills, confidence and are fun.

"It is a wonderful time to be joining the team at Cholmondeley, there are so many positive things happening and I am really looking forward to making a contribution," says Johnno.

Making Food Fun

Healthy nutrition and sharing food together is a big part of the traditions here at Cholmondeley. Every day the children sit down together to enjoy breakfast, lunch and dinner because not only is it very important for children to eat well, but also to share and connect with each other. Last year Professional Cookery Tutor Paul Robinson tapped into that tradition when he visited Cholmondeley and made delicious soup and decorated cupcakes with the children.

Paul and the children had a shared food experience making the soup. Paul had a huge array of fresh produce, vegetables and seasonings which the children could choose from, adding to the pre-prepared vegetable stock. They loved being involved in choosing the ingredients then making and eating the delicious soup. But the most fun was finishing off with yummy chocolate

cupcakes which the children decorated making their own designer toppings.

Paul has a strong connection with Cholmondeley as he and his brother spent several weeks here when they were children. Coming back to Cholmondeley for Paul was going 'full circle' because he was returning to a place which evokes strong memories of growing up. "Bringing your child to Cholmondeley is a very tough decision for parents and a very emotional time. But often there are no other options available and so Cholmondeley provides enormous support," says Paul. Today, making food and sharing it with his family is a big part of his life. He believes the Cholmondeley community can provide significant help to families in need, as it did with his family 50 years ago.

Paul, teacher Amy and Ann having fun making soup together.



Young Bridget enjoying her cup of soup.



Thank You

Airborne Honey Continues to Sweeten Lives of Christchurch Children



Airborne Honey, New Zealand's oldest honey brand has been well known for its range of beautiful native honeys since 1910. The Christchurch based, family owned company also produces Honey For Kids, which has become a top-seller domestically and internationally.

Honey For Kids is a premium honey, selected especially for children. The HUT (Honest, Undamaged, Traceable) label, which can be found on the back of every bottle, is proving popular with families from New Zealand to China, who want the best quality food for their children.

Airborne Honey donates a percentage of the sales for every bottle sold in

New Zealand and around the world to Cholmondeley - support they have been providing since 1999 when a young member of Managing Director, Peter Bray's family spent time at Cholmondeley.

"Their care and ability to have a 'normalising' effect on my nephew was a huge benefit to his wellbeing. He enjoyed his time there too! We were so impressed that we started donating annually to Cholmondeley," explains Peter. "The growth of the sales of Honey For Kids has turned a small annual donation into a significant (and growing) income stream for Cholmondeley, which is something we are very proud of."

LOOK FOR THESE NUMBERS TO SELECT THE BEST QUALITY HONEY.



For more information on Airborne Honey and where to buy the products, visit www.airborne.co.nz

If you would like to learn more about becoming a Cholmondeley sponsor partner or perhaps 'upgrade' your existing sponsorship status, please contact Shelley Keach on 03 329 9832 xtn 704, 027 447 3024 or email shelley@cholmondeley.org.nz

The children have been very busy, here are just some of things they have been involved in...



Javanah making her necklace at BEADZ Unlimited.

Bead Work

A big thank you to BEADZ Unlimited for sponsoring the children's visit to their Cranford Street shop. The children had a wonderful time creating beautiful necklaces and gecko brooches, and all of the beads were gifted to the children. They had a fantastic morning creating beautiful pieces of jewellery, only stopping for delicious cake donated from Kids Cakes next door. The children loved their jewellery so much they wore them for the rest of the week and asked to do more bead work once they returned to the classroom.

HMNZS Canterbury

We really appreciate the wonderful support Cholmondeley receives from HMNZS Canterbury. Last month was the first time the Canterbury had been in port since February 22, 2011 when the ship was actually in dock at Lyttelton Harbour. The children had a fantastic time on board with the crew who took the children on an extensive tour of the ship. They were shown how to use the water hoses and even how to salute an officer! A delicious lunch was served in the canteen and the biggest thrill was being on board while the ship moved from one berth to another.

The children got to see the local tug boats in action pushing and nudging the huge Canterbury into its new berth.

Also, thank you to the HMNZS Canterbury for the \$500 donation raised from the ship's sausage sizzle, and to the lovely crew who came to Cholmondeley and repaired our flagpole. We haven't seen the flag flying at Cholmondeley since the 2011 earthquakes, so this is especially poignant. Thank you.

Having fun with the HMNZS Canterbury fire hose.



Young detectives absorbed!

On an Insect Hunt

Using magnifying glasses the children had fun hunting for insects. Fascinated by the everyday tiny creatures that were found in abundance right under their noses. The children kept them in a box and each day checked in on them before starting their education programmes. The biggest treat was finding worms, which they added to a magnificent worm farm they created.



Support Cholmondeley this Easter



Chocolate for Cholmondeley's delicious lollipops created by She Universe (formally She Chocolat) are the perfect Easter treat. Available from She stores in Governors Bay and The Tannery, these special morsels are dairy and gluten free. Every lollipop provides a donation of fifty cents for Cholmondeley. The lollipops are available to retailers, individuals or groups wanting to help raise funds for Cholmondeley.

To find out more about Chocolate for Cholmondeley please contact Sarah sarahv@cholmondeley.org.nz or Declan declan@shechocolat.com or phone 03 329 9832.



Thank you!

Last year Cholmondeley was gifted with so many wonderful Christmas presents for the children. We just wanted to say a very big thank you the best way we can - with this beautiful hand made thank you note from the children. Thank you!

Thank You

Thank you Christchurch Antarctic Centre for donating 40 passes for the children to come and visit the centre. The children are so excited about coming to see the penguins!

You can use on-line banking to donate to Cholmondeley

Did you know you can use on-line banking to donate to Cholmondeley. It's so easy! Just set up on-line banking from your bank account and select Cholmondeley as one of your payees and pay directly into Cholmondeley's bank account.

Details are: Cholmondeley Children's Centre Inc. Westpac 030866 0337413-00 or you can use your credit card to donate directly on the Cholmondeley website www.cholmondeley.org.nz/support-us/

Festival of Fun

It was a great day out for everyone at the Les Mills Festival of Fun last month. There were so many cool activities but the Fun Run was by far the most challenging with the Cholmondeley team going hard out! A BIG thank you to Jean Scott and her team for putting this fantastic day on, and for supporting Cholmondeley. It was a wonderful community day and was enjoyed by everyone there.



Gold Sponsors



Silver Sponsors

Harley Builders Stark Bros Anstice and Associates Optometrists

Bronze Sponsors

Chemcolour Vulcan Steel

Funding & Marketing Manager
Sarah Vidette
Tel 03 329 9832, 027 522 8840
sarahv@cholmondeley.org.nz

Fundraiser
Shelley Keach
Tel 03 329 9832, 027 447 3024
shelley@cholmondeley.org.nz

Cholmondeley Children's Centre Inc. 6 Cholmondeley Lane, Governors Bay, Lyttelton 8971. PO Box 12276, Beckenham, Christchurch 8242, Tel 03 329 9832, Fax 03 329 9781, Email cholmondeley@cholmondeley.org.nz www.cholmondeley.org.nz

Media Sponsors

