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Hear from the people we have helped

Highlights from our year at Cholmondeley





Letter from our General Manager

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Toni Tinirau General Manager, Cholmondeley



Hear from the people we have helped

"Life is a struggle at the best of times but having Cholmondeley involved has lessened the struggles at home. Without Cholmondeley things would be consistently hard."

> "Seeing my favourite staff members and playing outside and making new friends."

"I really needed support this week and without fail and full of support and reassurance Cholmondeley was there."

"That there was someone that could look after me."

"The thing I loved most about my stay was going to Move X and doing the ninja warrior course, and also hanging out with friends."

"My child loves going to Cholmondeley. It gives him a break and he gets to connect with other children and the staff, then we come back together as a family and we get to hear all his stories about Cholmondeley. It's beautiful hearing your child talk fondly of the place and the people."









Kylie is a deaf solo mother to her hearing five-year-old and seven-year-old daughters. They became part of the Cholmondeley whānau after reaching out when Kylie felt she was struggling with some of her children's behaviour.

She said Cholmondeley made it easier for her to access its services by communicating through the New Zealand Relay service, and then by email and text. Cholmondeley also

organised an interpreter for Kylie's first whānau visit, which meant she could express herself freely.

"When I get the opportunity to drop them off for respite it just gives me that little bit of time to think about what am I feeling," she said.

Kylie's daughters stay at the centre every six to eight weeks and she also received inhome parenting support from

Cholmondeley's Awhi Team, along with the interpreter. The in-home support has helped Kylie to look at new ways to manage her children's behaviour, and also navigate grief after losing a close family member.

"Because I'm a solo mum I felt I had nowhere to go. I didn't feel motivated and I was really struggling. Cholmondeley's support has really helped me," she said.



Our Year in Numbers



26,680 hours of care



451 Tamariki

105
Referrals



295 Whanau 3316
Bednights







24,750 individual meals including snacks





Alex's* story

12-year-old Alex has been coming to Cholmondeley for eight years and attending Cholmondeley's quarterly intermediate boys' weekends for the past few years, to spend time with other boys his age.

These weekends are aimed at supporting boys between the ages of 10 and 13 to navigate their early teenage years. They include workshops focusing on managing emotions, staying safe online, and physical activities to push them outside their comfort zones.

After one of Alex's recent stays, where he realised he was missing out on the company of his peers, he returned home and decided he wanted to go to high school, as he had not been attending this year due to complications at home.

With that decision made he took himself to the local high school

to get enrolled and has now been going to school every day since August.

After visiting Cholmondeley, spending time with other boys, and the positive influence of Cholmondeley's kaimahi (staff) Alex took it upon himself to make a significant change in his life. Ka pai!



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11-YEAR-OLD ZENA'S \$200 DONATION AMAZES US.



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Highlights From 2023



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Contact us

Toni Tinirau General Manager

Toni@cholmondeley.org.nz 021 459 564

Regan Hines Fundraising Manager

regan@cholmondeley.org.nz 027 447 3024

Lisa Hurry Practice Manager

LisaH@cholmondeley.org.nz 021 226 2404

Katie McCullough Operations Manager

katie@cholmondeley.org.nz 027 699 0172

General Enquiries

03 329 9832 PO Box 12276, Beckenham, Christchurch 8242 info@cholmondeley.org.nz www.cholmondeley.org.nz



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